

# ST. BARNABAS PARISH

## WEEKLY BULLETIN | 19TH SUNDAY IN ORDINARY TIME

10 Washburn Way, Scarborough, ON, M1B1H3 | Tel: 416-298-0989 | Fax: 416-298-8959  
 Email: StBarnabasSC@archtoronto.org | Website: https://stbarnabasto.ca | Social Media: @stbarnabasto



### IN WHAT PERFECTION CONSISTS

Perfection consists in doing the will of God, not in understanding His designs. The designs of God, the good pleasure of God, the will of God, the operation of God and the gift of His grace are all one and the same thing in the spiritual life. It is God working in the soul to make it like unto Himself. Perfection is neither more nor less than the faithful co-operation of the soul with this work of God, and is begun, grows, and is consummated in the soul unperceived and in secret. The science of theology is full of theories and explanations of the wonders of this state in each soul according to its capacity. One may be conversant with all these speculations, speak and write about them admirably, instruct others and guide souls; yet, if these theories are only in the mind, one is, compared with those who, without any knowledge of these theories, receive the meaning of the designs of God and do His holy will, like a sick physician compared to simple people in perfect health. The designs of God and his divine will accepted by a faithful soul with simplicity produces this divine state in it without its knowledge, just as a medicine taken obediently will produce health, although the sick person neither knows nor wishes to know anything about medicine. As fire gives out heat, and not philosophical discussions about it, nor knowledge of its effects, so the designs of God and His holy will work in the soul for its sanctification, and not speculations of curiosity as to this principle and this state. When one is thirsty one quenches one's thirst by drinking, not by reading books which treat of this condition. The desire to know does not increase this thirst. Therefore when one thirsts after sanctity, the desire to know about it only drives it further away. Speculation must be laid aside, and everything arranged by God as regards actions and sufferings must be accepted with simplicity, for those things that happen at each moment by the divine command or permission are always the most holy, the best and the most divine for us. - *de Caussade, Jean-Pierre. Abandonment to Divine Providence*

### *Parish Schedule*

#### MASS SCHEDULE

**Weekday Adoration: 8:00 AM - 8:30 AM**

**Weekday Mass:**

Monday: 9:00 AM (Ad Orientem)

Tuesday: 9:00 AM

Wednesday: 9:00 AM & 7:00 PM (Ad Orientem)

Thursday: 9:00 AM

Friday: 9:00 AM (Ad Orientem)

Saturday: 9:00 AM

**Weekend Mass:**

Saturday: 4:30 PM

Sunday: 9:00 AM, 10:30 AM, 12:15 PM, and 7:00 PM

#### CONFESSION SCHEDULE

Monday to Saturday at 8:30 AM - 8:55 AM

Wednesday at 6:00 PM - 7:00 PM

Saturdays at 3:30 PM - 4:30 PM

#### OFFICE HOURS

Monday - Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 6:00 PM

### *Pastoral Team*

**Fr. Hansoo Park, Pastor**

hpark@archtoronto.org | 416-298-0989 Ext 201

**Fr. Samoj Sunny, Associate Pastor**

ssunny@archtoronto.org | 416-298-0989 Ext 202

**Fr. Fraser McLaren, Associate Pastor**

fmclaren@archtoronto.org | 416-298-0989 Ext 203

**Deacon Paul Djaja, Permanent Deacon**

pdjaja@archtoronto.org | 416-298-0989

**Deacon Eustace Beausoleil, Permanent Deacon**

ebeausoleil@archtoronto.org | 416-298-0989

**Sam Cummings, Lay Pastoral Associate**

stbarnabaslapa@archtoronto.org | 416-298-0989 Ext 208

**Kate Garbino, Media Coordinator**

stbarnabasmedia@archtoronto.org | 416-298-0989 Ext 207

**Kim Torio, Youth Minister**

stbarnabassyouth@archtoronto.org | 416-298-0989 Ext 205

**Lisa Salvador, Parish Secretary**

StBarnabasSC@archtoronto.org | 416-298-0989 Ext 204

# MASS INTENTIONS

## SUNDAY, AUGUST 13, 2023

4:30 PM (Sat. Vigil): Lydia LANGHORNE †  
 9:00 AM: Special Intentions of Helen BALGOS  
 10:30 AM: PRO POPULO  
 12:15 PM: Special Intentions of ACOSTA Family  
 7:00 PM: Cecil D'ROSARIO †

## MONDAY, AUGUST 14, 2023

9:00 AM: Deceased Members of GONZALVES & D'LIMA Families ††

## TUESDAY, AUGUST 15, 2023

9:00 AM: Lionel D'SOUZA †  
 7:00 PM: Antonio, Delia & Imelda SALVADOR †††

## WEDNESDAY, AUGUST 16, 2023

9:00 AM: Thanksgiving of Norrin PALOMARES  
 7:00 PM: Jose PALOMARES †

## THURSDAY, AUGUST 17, 2023

9:00 AM: Thanksgiving of Joseph & Letty LO

## FRIDAY, AUGUST 18, 2023

9:00 AM: Thanksgiving of Koriza ALI-MOHAMMED

## SATURDAY, AUGUST 19, 2023

9:00 AM: Thanksgiving of Jen PANGANIBAN & Ephraim ANICETO

# NAMES OF THE SICK

Lydia ABRAZALDO	Columba FREDERICK	Marie ORTIZ
Bernadette ABDOOL	James FRASER	Kyle PAGUIA
Luisa ARIOLA	Abigail FORBES	Mary Ann Ibana
Jen ATKINSON	Rolando GARBINO	PALOMARES
Horacio AVANZADO	Barry GILL	Mary Thimen PAN
Vida BAILEY	Nathan GIRDHARRY	Cecilia Hwa PAN
Al BANZON	Gem GOUVEIA	Victo Juann PAN
Bessie BARTZIS	George GRAY	Divya PATEL
Monica BAUTISTA	Sean KUA	Josue PEREZ
Lita BEDFORD-JAMES	Bernard OSEI-KWABENA	Miranda PINTO
Milagros BRINAS	Robert HENRIQUE	Merlyn RAYMOND
Cleone BYGRAVE	Ernesto HIDALGO	Claudette RAMOS
Crescencia	Vernon HOFFMAN	Sonia RAMOS
CASTANEDA	Renate HOFFMAN	Michael REID
Terry CHAN	Tina HOLLOWAY	Noberto REYES
Matilda CHARLES	Summer HOLLOWAY	Ernie RICAFORT
Anushka CHELLIAH	Robbie HOJILLA	Maricar ROBERTO
Bodhi CHELLIAH	Leonardo IGNACIO	Elanor RODRIGO
Trevor CHUNG	Joan IRONSIDE	Faye SALAMILLAS
Sera COLAGO	Sheldon IYENGAR	Kathy SAMUELS
Martin CORSANO	Henry JACOT	Zosimo SANCHEZ
Jerwin Cruz CORTEZ	Lorraine JOHNSON	Lourdes SANTIAGO
Jack CRAWFORD	Danilo Batara JOSE	Domingo SANTOS
Dawn CRITCHLOW	George JOSEPH	Karen SANTOS
Carmalita CRUZ	Ruth LABAO	Metarita SEARS
Divina DE LEON	Josefina LAGMAN	Carl Chen SEE
Maureen DALEY	Martinah LLANES	Cynthia SIRIRAM
Emmanuel DE LEON	Consuelo LOPEZ	Winston SPARROCK
George D'SILVA	Maria Lourdes LUZ	Alan SPENCER
Adoracion DACANAY	Audrey Mendonca LUCAS	Lynn SPENCER
Epifanio DACANAY	Bienvenido MABBAYAD	Nathaniel SPENCER
Freddie DACANAY	Noli MABABANGLOOB	Cecile SILVERIO
Elizabeth Fe DACANAY	Allison MAGPAYO	Vicky SUAREZ
Charlie DEISCHTER	Willex MAGPAYO	Norma STEELE
Salvador DE LEOZ	Miguel MAGTIBAY	Jovito TAMAYO
Julietta DE LEOZ	Brian MARTELL	Rowena TELAN
Nikita DeSILVA	Alisha MATHLIN	Cecil TUAZON
Jannette DEMPSEY	John McGARRY	Adelia UYGUANGCO
Ampy DECHOSO	Betty McNEIL	Romeo UMALI
Christina DELINOR	Darrell McNEIL	Christiana VELINOR
Arya Cali DIAZ	Glenda McNEIL	Jalen VELINOR
Jacquelin DUMEICHEN	Constance MENEZES	Estrella VILAR
Teresita ESMAO	Andrea NAZAL	John WEBBER
Veronica ESPANO	Winston NEWMAN	Levon WILLIAMS
Tess FIDELINO	Collette O'DONNELL	Jeanette WILTSHIRE
Carrol FERNANDES	Linda O'RILLEY	Franklyn WYKE
Emmanuel FERNANDO	Denise ORTIZ	Conrado YABUT

If you would like to include the name of your sick family member, kindly send us an email through [stbarnabassc@archtotonto.org](mailto:stbarnabassc@archtotonto.org) or give the parish office a call.

# SACRED SANCTUARY



## SANCTUARY RENOVATIONS: SACRED JOURNEY

We have started our second stage of our sanctuary. we have collected approximately **\$600,000**. To participate in this project you can donate through the following options:

1. For credit card donation, go to this link: <https://form.jotform.com/stbarnabasto/sacred-journey>
2. For cash or cheque, please use the envelopes provided in front of the parish office.

We thank all the parishioners who have generously contributed to this project. Let us continue to pray for our Sactuary Renovations: Sacred Journey.



# A N N O U C E M E N T S



## THANK YOU!

In behalf of all the staff & service team, we extend our heartfelt gratitude for your remarkable support and dedication to the recent LifeTeen Camp. Your generous contributions and active involvement were integral to the camp's success, creating an unforgettable experience for our youth. Your commitment to fostering growth, community, and spirituality has left an indelible mark, sowing the seeds for lasting connections. Thank you for being the driving force behind this endeavor; your impact resonates deeply and is profoundly appreciated.

## SOLEMNITY OF THE ASSUMPTION OF BLESSED VIRGIN MARY

On **August 15th** is the Solemnity of the Assumption of Blessed Virgin Mary. We will be having an addition Mass at **7:00PM**. We hope to see you then.



## LCSC MONTHLY MEETING

**LCSC: Evangelization Training | Talk #1: The Great Commission**  
**August 15, 2023, Tuesday at 8:00 PM - 10:00 PM**  
Zoom link and handout will be sent via email. To receive updates, contact Kit Galema at [ksgalema@gmail.com](mailto:ksgalema@gmail.com)



## ST. VINCENT DE PAUL CLOTHING DRIVE

The St. Vincent de Paul is having a clothing drive on **August 19-20th** after each Mass. Please bring any newly and gently used laundered clothing. There will be volunteers available outside to receive them.

## PEPPERONI STICKS AND SAUSAGES FOR SALE

The Knights of Columbus are having several fundraisers: one is the Pepporini Stix fundraiser on **August 26-27 after all weekend masses**. Two, Summer Sausages Pre-Order cut off date is on **August 21** to be delivered on **September 2**. Both fundraisers are for the Church Sanctuary and the KofC local charities.



## KOFC BOTTLE DRIVE FUNDRAISER

The Knights of Columbus is conducting a bottle drive on the weekend of **August 19th-20th** after each mass. Please bring in your empty beer or alcohol bottles and drop them off in front of the church garden shed located in the parking lot. Members of the Knights of Columbus will be in the parking lot collecting the empties. All proceeds will be for the Special Olympics Program and Global Wheelchair Foundaiton.





**Ellie M. Cifra** Broker, ABR, SRES  
Cell: 416-432-2868

**Aida C. Bravo, SRES** Sales Representative  
Cell: 647-862-9355

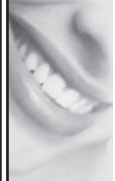
**Cedar Dental Care**  
**Dr. Benilda Sunga & Associates**  
Accepting New Patients  
695 Markham Road,  
#2, 2nd Floor  
**647-348-3636**




**McCowan FOOT CLINIC**  
*Serving the community since 1996*  
Let our Chiroprodists help you with your Foot Problems.  
Most services covered by insurance  
**Conditions Treated/Services Provided Include**  
Thickened, Fungal and Ingrown Toenails, Corns and Calluses, Plantar Warts, Athlete's Feet, Flat Feet, High Arched Feet, Bunions, Plantar Fasciitis, Arch Pain, Diabetic Foot care, Shockwave Therapy for Heel pain  
Custom Orthotics and more



1457 McCowan Rd, Unit 215  
**416-299-1508**  
www.mccowanfootclinic.ca



**DR. ARLA A. RONDILLA**  
General Dentistry Orthodontics



1265 Morningside Ave., Ste. 104  
**416-283-1512**

**CENTENARY PHYSIO & REHAB**  
NEILSON & ELLESMERE  
Personalised Care by Experienced Professionals

**Lincy George, Registered Physiotherapist**

**Our Services:**  
Physiotherapy • Massage Therapy • Chiropractic  
Acupuncture • Naturopath • Shockwave Therapy  
Spinal Decompression • K-Laser Therapy  
Kerala Traditional Ayurvedic Treatment

**We accept all insurances & we do direct billing**

2870 Ellesmere Rd. info@centenaryphysio.com  
**416.724.4466/416.724.4467**  
www.CentenaryPhysio.com

**Mathew Devassia**  
Sales Representative  
647.990.2972 Cell  
416.391.3232 Office  
416.391.0319 Fax  
mathew@mathewdevassiahomes.com  
www.mathewdevassiahomes.com

*For all your real estate needs contact*



**MATHEW DEVASSIA HOMES**  
Make Dreams Happen  
1396 Don Mills Road, Suite: B121



Right at Home in your neighbourhood™

**I.D.A. Lapsley IDA Pharmacy**  
Senior Discount Everyday  
27 Lapsley Rd **416-291-3773**  
www.lapsleypharmacy.com

**Buying or Selling?**  
There is no better time to buy the home of your dreams. I mentor investors & assist first time buyers in making dreams come true.  
Call now for your free consultation!



**Julius Thomas**  
SALES REPRESENTATIVE

D: 416-939-9397  
realtorjulius@gmail.com  
HomeLife/Miracle Realty Ltd., Brokerage  
Independently Owned & Operated

**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 905-624-4422**

**OGDEN FUNERAL HOMES**



4164 Sheppard Avenue East  
(East of Kennedy Rd.) **416-293-5211**  
www.ogdenfuneralhome.com

**CATHOLIC CEMETERIES FUNERAL SERVICES**  
In keeping with your Catholic faith  
www.catholic-cemeteries.com  
Holy Cross Cemetery & Funeral Home 905-889-7467  
Christ the King Cemetery 905-471-0121

**Professional Foot Specialists**

We Treat:


- Nail Problems
- Callus/Corns
- Foot Pain
- Custom Made Orthotics
- and more!

**Direct Billing Offered!**  
Call today to book!  
**647 348 3331**  
www.steprightfootclinic.com  
1920 Ellesmore Road #204



**RE/MAX HALLMARK REALTY LTD.**  
homes@bobbyalejandrom.com  
www.bobbyalejandrom.com  
685 Sheppard Ave E #401

**BOBBY ALEJANDRO REALTOR®**  
**647-712-1241**  
Your Local Community Realtor



**Barrio Fiesta**  
— Fresh Homestyle Filipino Food —  
Catering Service  
19 Lapsley Rd. @ Sheppard **416-754-4677**

**SALES REPRESENTATIVE WANTED**

Liturgical Publications, your weekly bulletin printer has an opening for a **full time Sales Representative**.  
Base Salary • Commission • Car Allowance • Travel Expenses  
If you have a drive to succeed and are self-motivated, email your resume to salesrep@parishbulletins.com